KIRKLAND LIVING

A Social Publication Exclusively for the Homeowners in the Market, North Kirk, Moss Bay and Lakeview Neighborhoods

West of Market’s Linda Bennett and Venture are making a difference.

Photo by Kate E. Photography

Kirkland Living has a new publisher!

Your Stories. Your Photos. Your Community.
We are grateful for each and every one of our clients this year. Thanks to you we have helped 36 home sellers sell their homes and 46 purchase homes. We would love to talk with you over the holiday season about your plans to sell next year. Now is the time to talk about home and property preparation, pricing, and timing before you spend time and money on home repair and remodel items. Whether you’re selling, buying or looking to invest, we’re always here for your real estate needs. Thanks again for your support. We couldn’t do it without you.

With gratitude, Vija and the Vija Group

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With gratitude, Vija and the Vija Group
November 13, 2015
Art & Wine Walk at ‘The Alley’
Art & Wine Walk at ‘The Alley’ featuring local artists at Ryan James Fine Arts and fantastic wine from Northwest Cellars.
Where: 11905 124th Ave NE, Kirkland
When: 6:00 PM - 8:00 PM PST
For more information: 425-822-7066

November 28th-December 23
Argosy Christmas Ships
Holiday traditions in the Northwest start on the water with Argosy Cruises. The Argosy Cruises Christmas Ship festival is a holiday celebration that has been a Pacific Northwest tradition since 1949. Every year, the Argosy Christmas Ship sails to different Puget Sound waterfront communities, over 45 in total. Choirs onboard sing 20-minute performances to these communities, all broadcast via state-of-the-art speaker system. On shore, thousands of people gather around roaring bonfires anticipating the arrival of the Christmas Ship.
Where: Marina Park, Downtown Kirkland

November 29th
Kirkland’s Winterfest 2015
We have an afternoon of performances, carols, kids’ activities, games, Santa arrival, refreshments, food, and the annual tree lighting ceremony marking the beginning of the Winterfest Celebration. For regular updates don’t forget to visit us at our new Facebook Kirkland Winterfest Facebook page. We would love some positive ideas for the Winterfest.
When: 2:00 PM – 6:00 PM
Where: Downtown
For more information: http://kirklanddowntown.org/

I am excited to announce that Kirkland Living has a new owner, Anne Hess. I will be moving to San Diego! When I thought about doing this a few months back, I found myself getting choked up ... and still do. You all have no idea how much I have loved putting this together for you all every month. I feel blessed beyond measure to have aligned with something I am so passionate about — building community, using my creativity, meeting so many wonderful people, celebrating who they are, organizing events, managing staff, connecting residents and building friendships ... the list goes on! I am also so grateful to everyone who has made it very clear to me how much I am loved and appreciated. I have so many mixed emotions within a wide spectrum but I want you to know that I am more excited than anything for what lies ahead in the next adventure in my life. I will remain with my current publishing company, N2, doing what I love but in San Diego while working from a beach!

I am excited to introduce you to Anne Hess, the new owner of Kirkland Living. Anne will be sharing more about who she is in coming issues but in the meantime, she wanted you to know this:

“I am excited to become the new publisher of Kirkland Living and carry on the beautiful legacy of which Heidi has built. The vibrant community, neighbors who are making a difference, young achievers and local businesses are some of the stories I will be featuring in the coming months. I welcome your ideas and look forward to a strong partnership with the residents and business sponsors.” - Anne Hess

If you’d like to follow me on my adventure, connect with me on Facebook!

You all have no idea how much you will be missed.

Heidi S. Hawkins
(602) 291-7771
heidihawkins@n2pub.com

This issue’s highlights below:
• Save the Date! Turkey Trot, November 22
• Neighbors’ Night Out, Page 12
• Featured Home, Page 16
• Celebrating Kirkland’s Bill Woods, Page 20
• Meet Your Neighbor, Linda Bennett, Page 22
• Featured Cocktail, Yamazaki Autumn Delight, Page 26
• Golf Tips with Brian Flugstad, Page 29
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• Local Events, Page 34

KIRKLAND LIVING
has a new publisher!
This section has been created to give you easier access when searching for a trusted neighborhood vendor. Take a minute to familiarize yourself with the businesses sponsoring Kirkland Living.

These local businesses are proud to partner with you and make this magazine possible. Please support these businesses and let them know you saw them in Kirkland Living magazine!

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Date: Sunday, November 22, 2015
Make the Hopelink annual Turkey Trot fun run & walk a part of your family’s holiday tradition. Join almost 1,500 community members who get together each year to have fun and raise money to help low-income families, seniors and children in our community.

Walk up registration and festivities for the 5K fun run & walk from Marina Park to Carillon Point and back begin at 9:00 a.m.

The race starts at 10:00 a.m.

Fees: The pre-registration fee (before October 31) is $30 per person, or $25 per person for teams of four or more.

The pre-registration fee from November 1–15 is $35 per person, or $30 per person for teams of four or more. From November 16–22 registration is $40 per person and $35 per person for teams.

Strollers and pets are free.

Each registrant receives a Hopelink Turkey Trot 2015 tech-shirt, race bib and entry into our drawing for fun prizes.

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Fall weather can mean there’s nothing more comforting than a savory bowl of Vietnamese Pho. But Vietnamese food is so much more than the traditional noodle soup – and Kirkland’s Watercress Vietnam Kitchen owner Loan Hua wants to make sure people experience modern, creative, traditional and healthy Vietnamese food. “I want it to be the best Vietnamese restaurant in the area, where I can introduce my food to people who can enjoy it in a place with a water view, full bar, live music and comfortable ambiance," Loan said. She wants people to experience the flavors of Vietnamese cuisine that go well beyond typically quick, lunchtime pho.

Kirkland neighbors got to enjoy the best of Vietnamese cuisine from Loan and her team at the September Neighbors’ Night Out. Loan, who owns Watercress Vietnam Kitchen (Kirkland) and Watercress Bistro (Columbia City) with her husband Nathan Le and twin sister Lynn Hua, grew up in Vietnam, brings favorite childhood recipes to life at both restaurants that include watercress as a star ingredient and the restaurant’s namesake, chili chicken or beef vermicelli bowls, and more specialty dishes like one of Loan’s childhood favorites, Ca Kho To – caramelized catfish cooked in a clay pot. This dish, traditionally found in any household or village in Vietnam, can also be made with prawns and pork braised in brown sugar and coconut juice, fish sauce and pork fat, which renders and produces a magic blend of aromas and flavors.

Vietnamese food is typically fresh, not as heavily oiled as some other Asian cuisines, but more light and healthy, and oftentimes the meats are marinated in lemongrass, garlic, citrus and other fragrant herbs and spices for days before cooking. Influenced by French occupation, Vietnamese food, like the menu at Watercress, includes some familiar references to French cuisine with twists on classics like sizzling, crispy banh xeo, which is a crepe made with rice flour, coconut milk and turmeric instead of egg and wheat flour. Banh mi – a popular lunch item – uses bread similar to a French baguette as the basis for a Vietnamese sandwich, filled with house-made pate, cucumber, pickled carrot, cilantro, jalapeno, and soy sauce and a choice of grilled pork, grilled chicken, beef or lemongrass tofu. Vietnamese coffee steals a page from traditional French press-style coffee making, but instead of milk, used condensed milk.

Watercress Vietnam Kitchen opened in Kirkland officially in January, 2014, in a prime location on Kirkland Avenue. Doors slide open to the outdoor patio, which is a great place to stop for afternoons happy hour, without much through traffic, just on the shoulder of Marina Park. Inside, a wall of windows frames Lake Washington, with view tables as well as a more hip lounge area with...
white leather chairs that face the patio, where sliding doors are open when weather permits. Loan and her team are building up a regular schedule of live music on the weekends to keep things entertaining when the sun goes down, and the restaurant is experimenting with different formats for late-night bar service and happy hour that will draw people looking for after-dinner activity too.

Next time there’s a decision to make about healthy, savory, fragrant food in a vibrant, downtown Kirkland location, Watercress Vietnam Kitchen is a great option. Imagine filet mignon stir fried with garlic and oyster sauce, with a specially-made house vinaigrette drizzled on a refreshing bed of watercress. No need to lament that you can’t book a trip to Ho Chi Minh City when the next best thing to eating there is just down the road!

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Give us a call today and see how different we are.
When Bjorn and Briarly Kilburn were thinking about moving to Seattle from Maine in 2004, they came on a scouting trip to visit the area. After driving all over the greater Seattle area, they chose Kirkland. "Kirkland felt like home the minute we drove in. It had that family-friendly, small town feeling that we were looking for, and the proximity to the water reminded us of Maine. Plus Vija took us to Burgermaster...who can beat that?" said Briarly when I asked her to recount her memory of that trip.

The move didn’t transpire then, and the Kilburns moved elsewhere. Three kids and a job change later, their move to Kirkland finally became a reality in 2009. The Kilburns focused their search on their favorite neighborhood, West of Market.

When I had my buyer consult with them after they got the news, they were focused on what they wanted. They targeted a Cape Cod-style home with a “beachy” feel to remind them of Maine. With young children they also wanted state of the art interior features: old world charm meets modern convenience.

I emailed them the initial home search and 544 16th Ave W came up. I got a phone call from Bjorn almost immediately: “We’re coming out this weekend—this is the one!” Everything was perfect: the location, the shingle exterior siding, white picket fence, kitchen with marble and limestone, and open floor plan.

The previous owners had done a beautiful remodel of the 1951 home in 2005. It’s the touches that matter: The southwestern window seat in the living room; French doors, built-in library shelves; subway tiles in the bathrooms; hardwoods on the entire main floor. The master suite has an en suite spa like bathroom - a rarity in a 1950s vintage home.

The Kilburns lived here from 2009 to March of this year when they moved to the Bay Area. I had the privilege of listing and selling the home for them in January. It sold for $1,185,000. The house is 2,740 square feet and the corner lot is 6,000 square feet.
The SmartGrill is an intelligent, connected gas grill that automatically cooks foods based on user preference. It incorporates mobile connectivity, voice recognition and online notification.

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When Bill arrived in Kirkland with JoMae in 1952 it wasn’t picturesque. Instead of green spaces along the waterfront, it was industrial. Consisting of “oil docks and a shipyard used during World War II.”

By Lisa Edge

When Bill Woods reflects on his life in Kirkland – a city where he raised two children with his wife, JoMae, opened a pharmacy, and served as mayor – his affection is clear. “I was part of making Kirkland the most livable city on the eastside,” he shared. His memories are extensive and he recalls them with great detail. At 90 years old, his fondness for Kirkland hasn’t wavered.

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It didn’t take long for Bill to dive into public service. “I was elected president of the Junior Chamber of Commerce in 1955,” he shared. The organization is no longer in existence but Bill and the rest of the group made their mark during the holidays. “We went around to merchants to get donations,” Bill explained. “We'd put them on the corner of Kirkland Avenue and Lake Street. The Montana native began working as a pharmacist at Coleman's, which is now Lake Street Diamond Company.

It didn’t take long for Bill to dive into public service. “I was elected president of the Junior Chamber of Commerce in 1955,” he shared. The organization is no longer in existence but Bill and the rest of the group made their mark during the holidays. “We went around to merchants to get donations,” Bill explained. The following year they wanted a tree. One of the members knew a logger who could get them one but the group didn’t take logistics into account. “It was 40 feet tall and the branches hit cars on both sides of the street,” Bill explained with a laugh. While discussing what to do next at Surf Café a Puget Power employee offered his help. Once they decided to place the tree in the middle of the street at the old ferry dock, the employee routed power to it. “We drilled a hole and stuck the tree in,” he said with a bright smile spreading across his face. “We’d go to jail if we tried that today.”

Concrete sidewalks are the norm now, but Bill said that wasn’t always the case, “you wondered why in the world there were wooden sidewalks.”

“I was part of making Kirkland the most livable city on the eastside,” he shared. His memories are extensive and he recalls them with great detail. At 90 years old, his fondness for Kirkland hasn’t wavered.

Concrete sidewalks are the norm now, but Bill said that wasn’t always the case, “you wondered why in the world there were wooden sidewalks.” Bill goes on to explain the wooden sidewalks along what is now Park Lane stayed that way up until the early 60s. Kirkland officials could’ve used federal money from the Works Project Administration (WPA) in the 30’s to convert them but according to Bill they opted out to support local loggers.

In 1964 Bill was running his own business, Woods Lakeshore Pharmacy, and joined Kirkland City Council. At the same time the city restructured its form of municipal government from strong mayor to council-manager. Bill welcomed the change, “in my opinion that was the best thing to happen to Kirkland because a professional person was running the city directed by council.”

Another project involving Bill is the Kirkland Performance Center. The effort took 11 years, $7 million dollars, and the conversion of the old library to become a reality. In 1998 the 397-seat multi-purpose theater opened. “It offers a variety of entertainment so it attracts a lot of people,” said Bill. “I’m very proud of the theater. I’m proud of a lot of things.”

“Bringing Evergreen healthcare to the area is included in his list as well as annexing Houghton and Bridal Trails. A move a number of people protested. At a meeting Bill said a Bridal Trails resident shared her disappointment with the change. He recalled her sentiments, “I really wish Bellevue had annexed us. I’d rather have a Bellevue address.” Years later Bill ran into the same woman but their interaction was friendly, “she apologized and called Kirkland a ‘lovely area.’”

Today Bill enjoys playing golf and spending the winter months in California. His wife of 62 years and son, Tom, have passed away, but Bill is surrounded by the love of his daughter, Kim, five granddaughters, and four great grandkids. On any given day you might find Bill enjoying breakfast at George’s. Built in 1976, it’s the longest running family owned and operated restaurant in Kirkland. As with dozens of other places he has a connection there too.
While the Pacific Northwest generally prides itself on being liberal and diverse, the realities of business ownership means that not everyone is equally able to access the resources to start and run their own business. Barriers to business ownership can include low literacy levels, few social connections, poor English language skills, mental or physical disabilities, health challenges, discrimination, and lack of credit, assets, or collateral.

That’s where Linda Nguyen Bennett comes in. A Kirkland resident, Linda helps provide business opportunities, training and funding to women, people of color, immigrants, and individuals with low income through Ventures. Ventures is a Seattle-based nonprofit that empowers aspiring entrepreneurs with limited resources and unlimited potential to improve their lives through small business ownership. “Ventures provides access to business training, capital, coaching and hands-on learning opportunities for entrepreneurs,” explains Linda. “It teaches their clients how to achieve long-term financial stability, provide for their families, and enrich their communities through small business ownership.”

Linda notes that one notable feature of Ventures is that it offers its clients in-depth assistance before, during, and after the loan application process. Unlike mainstream financial institutions, Ventures meets their clients where they are at with practical, interactive, training with ongoing one-to-one coaching from staff and volunteer business experts. Providing more personalized services and training empowers aspiring entrepreneurs, giving them a hand up, not a handout.

Linda became involved with Ventures after meeting Beto Yarce, Ventures’ Executive Director. A small business owner and immigrant, Beto is the founder and owner of Cintli, a Mexican art store in Pike Place Market. These experiences give him unique insight into the challenges faced by aspiring entrepreneurs as they work to improve their lives through small business ownership.

Linda also has a personal stake in Ventures. In October this year, she and her husband, Matthew, opened their home in Kirkland for Ventures’ Dine for Change Fundraiser. Linda explains that the motivation for Dine for Change stemmed from Ventures’ eight-week Business Development Training program that covers sales, marketing, finance and operations and serves as the gateway into their programs. “Each quarter, they have over 150 aspiring entrepreneurs apply for only 50 spaces!” she exclaims. “We wanted to raise $10,000 so that they can add another session and serve more people.”

However, the evening was aimed at not just generating more funding for a good cause, but to also showcase the businesses that were involved with Ventures’ efforts. To this end, and to support its philosophy, Ventures hired their clients for all of the services for Dine for Change: all of the food, dessert, flowers and rentals for the event were provided by businesses supported by the nonprofit.

When she’s not working with Ventures, Linda is the producer of the Vietnamese talk show, “The Madalenna Lai Show,” for DirecTV. “It was a very bold choice since Linda had no experience in the entertainment industry,” Matthew remarked. “She is doing remarkably well managing a broad range of responsibilities including filming, editing, talent management, procuring advertisers, and more.” That’s high praise coming from someone who has sold over five million books and works as a consultant with authors on their marketing strategies!
Linda and Matthew moved to Kirkland from Los Angeles five years ago, and now live in the West of Market neighborhood. Their family is rounded out by their dog, Gigi. “We take her down to the lake or for a walk around the park almost every day and it’s a pleasure to see neighbors out enjoying all Kirkland has to offer,” Matthew says. “Kirkland affords such a peaceful and beautiful environment while still providing easy access to Bellevue, Seattle and even the airport. Over the past year, we’ve had over 20 people come to visit us here from all around the country, and we think they’re becoming believers as well!” Linda adds, “We are both happy to say that Kirkland is feeling like home to us now. We greatly appreciate the openness of people here and sense of community.”

Ventures relies on community partners like to make their programs possible, and would love to hear from you if you or your business would like to collaborate to deliver programming for the community, share information about volunteer opportunities at your workplace, or develop investment strategies for your foundation or corporation. If you would like to volunteer with Ventures, please contact volunteer@venturesnonprofit.org.

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Owner, Maria Gormley
Featured Cocktail

Yamazaki Autumn Delight Cocktail

Celebrate the season with this whisky-and-cider cocktail.

Ingredients:
- 2 oz. Yamazaki 12-Year Old Japanese Single Malt Whisky
- 6 oz. Apple cider
- Ground cinnamon

Garnish:
1 Apple slice and cinnamon stick

Glass:
Rocks

How to make The Yamazaki Autumn Delight Cocktail
Add the whisky and cider to a shaker and fill with ice. Shake, and strain into a rocks glass filled with fresh ice. Dust with ground cinnamon and garnish with 2 apple slices and a cinnamon stick.

Cocktail Profile
Flavor: Fruity/Citrus-forward, Sweet
In the months ahead, on this page, you will be able to find articles and tips that will help you improve your golf game. These will be provided by me, Brian Flugstad, founder of the Brian Flugstad Golf Academy.

I grew up locally at Inglewood Golf Club in Kenmore. After establishing myself as a top-ranked amateur, I went on to play collegiate golf at Washington State University and Western Washington University, where I earned All American Honors. After college, I played professionally for eight years all around the world.

After retiring from competition, my wife, Shannon, and I decided to move back home (literally blocks from my childhood home). We currently reside in Kenmore with our two children, Emma and Jacob.

During my playing days I was fortunate enough to work with some of the top instructors in the country such as Chuck Cook. All of these experiences helped shape my teaching philosophy, “There is no universal way to swing a golf club.” I pride myself on working with each individual student to identify the areas of game that need improvement, formulate a game plan and help them achieve their goals. My ability to work with the full spectrum of players, from beginner to tour caliber, is truly unique. Regardless of whether you have been playing golf your entire life or have never picked up a club, I will help you learn to love the game of golf as much as I do.
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$25 credit for new patients

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- Sedation Available
- Implants

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Real Estate Resource
Supplied by Market Neighborhood Resident, Cara Erdman

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<th>Address</th>
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Cara Erdman, Real Estate Broker // Andy Allred, Mortgage Professional

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November
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In the weeks to follow, these fat cells are naturally eliminated from the body. Unlike weight loss surgery or other non-surgical weight loss procedures, CoolSculpting has no down time and has results that are permanent because once the fat cells are eliminated, they’re gone for good! Whether or not you weigh less, you’ll be thinner and your clothes will fit better, feel better and look better.
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